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**November | December 2023**

*To appreciate the beauty of a snowflake, it is necessary to stand out in the cold.*

**Aristotle**

**Hello, SEL supporters!**

Autumn's leaves have fallen, and we are readying ourselves for winter. Before the mad dash of winter's holidays, we pause for a moment at Thanksgiving. We at SEL wish to take this opportunity to reflect and say thank you for following along with us on this journey. Thank you for reading, thank you for asking good questions, and thank you for